

# OTTER TRAIL GUIDE

## TIDES DEC 2023

### DAY 1

**HUT:** Ngubu  
**DISTANCE:** 4.8 km  
**TIME:** 3.5 hours

**NOTES:**  
Swim at the water-fall. The huts are not too much further so there is no rush to get there.

### DAY 2

**HUT:** Scott  
**DISTANCE:** 7.9 km  
**TIME:** 5.5 hours

**NOTES:**  
One of the toughest days. Don't miss Bloubaai beach - see Profile Map below.

### DAY 3

**HUT:** Oakhurst  
**DISTANCE:** 7.7 km  
**TIME:** 5.5 hours

**NOTES:**  
Keep costume and sandals close to hand for two river crossings.

### DAY 4

**HUT:** Andre  
**DISTANCE:** 13.8 km  
**TIME:** 8 hours

**NOTES:**  
Major river crossing at Bloukraans River\*. See Profile Map below.

### DAY 5

**HUT:** De Vasselot  
**DISTANCE:** 8.8 km  
**TIME:** 3 hours

**NOTES:**  
Only one major climb left. Order the special Otter Drink at the restaurant at Natures Valley and you'll get a certificate too!

\* Your starting time on the 4th day will depend on the time of low tide - this may be very early in the morning. You need to be at the Bloukraans half an hour either side of low tide. Crossing at high tide is exceptionally dangerous. It will take approximately 4.5 hours from Oakhurst to the Bloukraans (about 10 kilometers). If you are walking in the dark (the trail is well marked at this point if you do need to start walking before dawn) allow half an hour extra.

It is better to wait for the tide to soften than get there after it has started pushing in, resulting in the chance of having to take the escape route round. If you cannot cross the river then walk up the escape route shown on your Sanparks map, when you reach the top of the cliff call the ranger on duty and they will take you around and drop you at the top of the cliff about half an hour walk from the Andre huts.

**Please note:** This document is only intended to supplement your map and documents issued by Sanparks. The Tidal information is to be used as a **rough guide only**, it has not been officially verified and we do not accept any responsibility for incorrect tidal information or incidents that occur as a result of using this guide.

Day	Sunrise	Sunset	High Tide	High Tide	Low Tide	Low tide
1	0509	1925	0602	1812	1152	----
2	0509	1925	0636	1847	0013	1231
3	0509	1926	0716	1928	0049	1317
4	0509	1927	0809	2024	0132	1422
5	0509	1927	0933	2151	0229	1607
6	0509	1928	1109	2331	0355	1743
7	0509	1929	1211	----	0532	1839
8	0509	1930	0038	1256	0632	1921
9	0510	1930	0127	1335	0716	1958
10	0510	1931	0208	1413	0755	2033
11	0510	1932	0247	1451	0833	2109
12	0510	1932	0325	1530	0911	2145
13	0510	1933	0404	1611	0950	2223
14	0511	1934	0443	1653	1032	2302
15	0511	1934	0525	1737	1116	2344
16	0511	1935	0609	1822	1204	----
17	0511	1936	0658	1911	0027	1257
18	0512	1936	0754	2005	0114	1358
19	0512	1937	0901	2111	0207	1512
20	0513	1937	1018	2233	0312	1640
21	0513	1938	1132	----	0440	1801
22	0514	1939	0000	1235	0605	1903
23	0514	1939	0110	1329	0708	1953
24	0515	1940	0205	1417	0759	2036
25	0516	1940	0252	1502	0844	2115
26	0517	1940	0334	1543	0924	2151
27	0518	1941	0412	1621	1002	2225
28	0518	1941	0447	1657	1037	2257
29	0519	1941	0520	1730	1111	2328
30	0519	1942	0551	1801	1144	2358
31	0520	1942	0623	1831	1217	----

## THE OTTER TRAIL HEIGHT PROFILE

Thanks to Magnetic South (who organise the Otter Trail Run) for the use of this height profile. [www.theotter.co.za](http://www.theotter.co.za)

